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Sensitive Solutions Educational Diary For Girls Starting Menstruation

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Synopsis

An educational, doctor designed, beautifully crafted, lock and key diary for girls starting menstruation and/or entering puberty. The diary's educational contents include: vocabulary of feelings, basic menstruation and puberty education, PMS and menstrual cramps relief tips, tampon safety rules and menstrual record calendar. It also has blank pages to record journal entries.

Book Information

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Average Customer Review: 4.0 out of 5 stars 1 customer review

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Customer Reviews

Dr. Julie Seely is a gynecologist and president of Sensitive Solutions Inc., a company dedicated to developing health educational material for women of all ages. Dr. Seely is a graduate of Wellesley College and Tufts University School of Medicine. She is a Fellow of the American College of Obstetricians and Gynecologists and a member of the North American Society for Pedicatric and Adolescent Gynecology.

I purchased this diary for my young daughter and she is really enjoying it! This diary has very useful information with an attractive interior for her to do her own writing. Author of "Tilly's Birthday: A Young Girl's Introduction to Menstruation"

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